



SUNSHINE COAST TOURISM

Fish River-Kap River-Kleinemonde-Port Alfred-Bathurst-Kenton-on-Sea-Bushmans- Boknes-Cannon Rocks-Alexandria

Spring has sprung!



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- Kenton Rhino Run
- Varsity Boat Races
- Adventure Awaits
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Sunshine Coast Tourism teams up with SANParks

A partnership has been forged between San Parks Frontier Region (Addo Elephant National Park) and Sunshine Coast Tourism offering the very best of Beach and Bush. The partnership was borne when honorary ranger and member of the Sunshine Coast Tourism Board, Doug Swanson, set up a meeting between San Parks and the Sunshine Coast Tourism team including Sandy Birch and Jo Wilmot; and Yoliswa Matwa (Regional Marketing Manager of SANParks Garden Route and Frontier Regions) and Rosslee Wagenaar (Addo Elephant National Park Tourism Manager).

The Sunshine Coast Team hosted the SANParks duo for the week-end where they got to experience the magic of the Sunshine Coast. SANParks then hosted Jo Wilmot and Nolu Mbuyazwa from the SCT Kenton office where they got to explore the amazing Addo Elephant National Park for the weekend.

We look forward to joint marketing promotions and special offers, expanding visitor experiences. The Addo Elephant National Park borders on the Sunshine Coast at Cannon Rocks and along the Woody Cape stretch from Alexandria to the Bushmans River Mouth.



The best time to plant a tree is RIGHT NOW!

Port Alfred / Bathurst Office
 046 624 1235
 tourism@sunshinecoasttourism.co.za
 www.portalfred.co.za



SUNSHINE COAST TOURISM

Kenton / Bushmans Office
 046 648 2422
 info@kenton.co.za
 www.kenton.co.za

South African National Parks Week

It is SANParks week from 12-16 September at Addo National Elephant Park and from 12-18 September at Mountain Zebra National Park, Camdeboo National Park and Karoo National Park! This means free day entry for all South African citizens!



Things to do

- Self-drive game viewing
- Bird watching
- Explore the Ulwazi Interpretive Centre, hides and lookout point at Main Camp
- Enjoy a picnic or braai at Jack's Picnic Site
- Walking trails and hikes in the Zuurberg section
- Walking trails in the Woody Cape section
- Fish at Darlington Dam



Things to do

- Self-drive game viewing
- Bird watching
- 4x4 trails
- Walking trails in the rest camp
- Enjoy a picnic or braai at one of the picnic sites



Things to do

- Visit the Valley of Desolation and Toposcope
- Self-drive game viewing
- Bird watching
- 4x4 trails
- Walking and hiking trails
- Enjoy a picnic at any of the picnic spots

Woody Cape, Greater Addo Elephant National Park

Listen for the haunting calls of the rare tree dassie by night and awake to a chorus of birds in flitting through the forest canopy.

The Alexandria dune field is considered to be the best example in South Africa of bare coastal dune field, often referred to as a dune sea. It offers a unique and extraordinary wilderness resource which only a few other landscapes in South Africa provide. It is the largest and least degraded coastal dune field in the southern hemisphere. The dune field imparts a unique experience of solitude, infinity and spatial freedom.

The Alexandria dune field has a surface area of about 15 800ha, stretching over 80km in length, with a width of up to 5km in places. The dune system is extremely dynamic with sand being continually blown in, building up and traversing inland. Some 375 000 cubic tons of sand is deposited into the dune fields each year.

The Langebos huts are available to hikers on the two-day Alexandria Hiking Trail, as well as those simply wanting an overnight stay in the forest.

The 7km Dassie Day Trail begins at the huts and the breathtaking Woody Cape coastline of the Park is a short drive and walk away.

Bookings for the Alexandria Hiking Trail are done at:
Camp Matyholweni, Addo Elephant National Park
Tel: 041 - 4680916
E-mail: matyholweni@sanparks.org



World Rhino Day - 22 September 2022



September 22 is World Rhino Day and our local rhino charity of choice, Chipembere Rhino Foundation, Needs You to Help Fight the threat of Extinction!

What: September 22 is World Rhino Day, a global conservation initiative to raise public awareness of the five rhino species in the world. All five are facing the threat of extinction if not protected: Black Rhino (Africa), White Rhino (Africa), Javan (Asia), Sumatran (Asia), and Greater One-Horned (India and Nepal).

Who: Chipembere Rhino Foundation is a long-standing non-profit organization protecting rhino in Africa, home to over 90% of the rhino population. Continuing conservation efforts, awareness, and public support are key. Chipembere's efforts include: supporting the protection of rhino habitat, anti-poaching ranger support, K9 deployment, rhino translocations, monitoring of rhino through technology, and collaboration with other established NGOs (non-profits). Over the past ten years, Chipembere Rhino Foundation has championed collaboration between multiple NGOs to achieve its goals in safeguarding rhinos.

Brent Cook, Founder & CEO, says, "Our efforts in protecting Africa's rhino have remained steadfast with the continued support from our donors, a commitment that we owe to future generations who look to us to ensure the survival of this iconic species."

Why: In the early 1990s, the dire threat on Southern Africa's black and white rhino population almost resulted in their total extinction, and now poaching levels have reached a crisis point once again. Only an *estimated 2,056 African Black rhino are left (critically endangered), and an *estimated 15,023 African White rhino are left (near-threatened). 9,338 rhino were slaughtered between 2008 and 2021, though this figure is estimated to be higher due to lack of official reporting, predominantly for their horn.

* Source: www.stoprhinopoaching.com

Celebrating World Rhino Day on the **Sunshine Coast**

The Kenton Rhino Run 2022 in association with Sunshine Coast Tourism and Outdoor Focus is back!

5km - R80 per person
10km - R120 per person

Race times: 10km - 9:00 & 5km - 9:10

Group discounts of 10 pax + are available!
Online pre-registration link available!

Contact Carey for more info on 076 152 2927
or email info@outdoorfocus.co.za

Or visit the Sunshine Coast Tourism office to register.
All funds raised in aid of rhino conservation
Chipembere Rhino Foundation!

Please support - we would love to see you all there!

The Kenton Rhino RUN
is back!

25 September 2022

- 5km R80
- 10km R120
- Group discounts available for 10+ pax
- Online pre-registration, see link below
- Late registration on the day: from 7:30 - 8:30
- Race times: 10km - 9:00 & 5km - 9:10
- For more information, contact Carey 076 152 2927 or email info@outdoorfocus.co.za

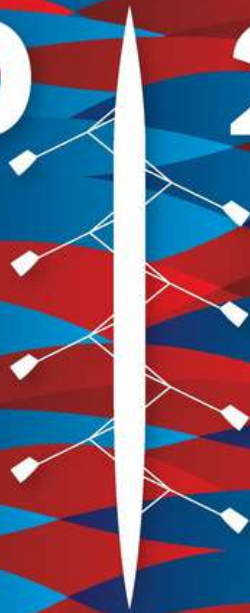
outdoor focus
training and adventure

All proceeds raised in aid of Rhino Conservation

CHIPEMBERE RHINO FOUNDATION



UNIVERSITIES BOAT RACE 20 22



15 - 17 SEPTEMBER
KOWIE RIVER, PORT ALFRED

RMB Boat Race 2022 - Program of events

Wednesday 14 September 2022

- 13h00 – 15h30 Team Registration Halyards Hotel
- 15h30 – 16h45 Coxswains, Coaches, Managers & Captains Meeting (compulsory)
- 16h30 – 17h00 USSA-Rowing Executive Meeting
- 17h50 – 19h00 USSA-Rowing Annual General Meeting

Thursday 15 September 2022

- 08h50 Men's B Heads Race
- 10h50 Women's B Heads Race
- 12h00 Lunch
- 14h00 Men's A Heads Race
- 16h00 Women's A Heads Race
- 18h30 – 22h00 Formal Dinner Port Alfred High School

Friday 16 September 2022

- 09h30 Church Service at St Paul's Anglican Church
- 12h00 Men's B Finals 3 + 4 + 5
- 12h50 Women's B Final 3 + 4 + 5
- 13h40 Men's A Finals 7+8
- 14h50 Women's A final 7+ 8
- 15h20 Alumni Race - TBC
- 18h00 – 20h00 Cocktail Party Ski Boat Club

Saturday 17 September 2022

- 8h30 Men's A Final 5 + 6
- 9h20 Women's A Final 5 + 6
- 10h10 Men's B Final 1+2
- 11h00 Women's B Final 1+2
- 11h45 Lunch
- 12h50 Men's A 3+4
- 13h20 Women's A Final 3+4
- 14h10 Men's A Final 1 + 2
- 15h00 Women's A Final 1 + 2
- 16h00 Prize Giving



on the Kowie

BOAT RACE

2022

DJS + LIVE MUSIC

SEP 16 08H30 TO LATE
SEP 17 08H30 TO LATE

[HTTPS://WWW.FACEBOOK.COM/VARSITYBOATRACE](https://www.facebook.com/varsityboatrace)



Join us for the excitement of University
Boat Races on the Kowie River!

Kowie Bunga & Outdoor Focus
ADVENTURE CENTRE
 Kiddies Beach, Port Alfred

OCEAN

- ✓ Sea Cruise
- ✓ SCUBA Diving
- ✓ Rock n Surf Fishing
- ✓ Surfing Lessons
- ✓ Snorkelling
- ✓ Spear Fishing

RIVER

- ✓ Kneeboarding
- ✓ Tubing
- ✓ River Fishing
- ✓ Wakeboarding
- ✓ Stand Up Paddling
- ✓ Kayaking

BACH

- ✓ Sandboarding
- ✓ Beach Sports

Contact us:
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 +27 76 593 0749 - Carey
 www.kowiebunga.com
 www.outdoorfocus.co.za

ADVENTURE AWAITS

Spring is the ideal time to head out to the great outdoors and enjoy a new adventure. Kowie Bunga and Outdoor Focus have teamed up to bring you the most exciting array of water sports. If you love the ocean, why not enrol for a scuba diving course?

Internationally accredited courses are offered, opening up a world of underwater adventures for you. The Sunshine Coast also boasts magnificent rivers - try kneeboarding, tubing, wakeboarding, paddling or kayaking. Contact 076 593 0749 (Carey) or 076 135 6789 (Dusty).

It's also a great time to learn to surf. Veteran surfer Dave MacGregor of Shaka Surf School is a legend and will have you up on a board enjoying the surf in no time at all. Contact 082 335 4764 (Dave)

There are excellent fishing options, whether you prefer rock and surf, river fishing or deep sea fishing. Blackfish Charters offer great options for both deep sea fishing or ocean adventure cruises. Contact: 082 818 8995 (Darren).

If you prefer something more sedate, a river cruise on a barge is an excellent option. Have a peek at our website for options portalfred.co.za or www.kenton.co.za

Try something different and go paintballing. Medolino has just launched their exciting new paintball course. Contact: 066 356 4729. Or, head west towards Alexandria and enjoy a Quad Biking Experience at Umbono Lodge. Contact 046 653 0501.

If you prefer something more relaxing, try one of our many hiking trails, or book a birding tour - there are over 400 recorded bird species in the area. Contact: 072 314 0069 (Tim Cockcroft).

MEDOLINO ADVENTURE
PAINTBALL

OPENING SOON AT:
23 STEWARD DRIVE!!!
PORT ALFRED
(MEDOLINO CARAVAN PARK)

FROM AGE 12 AND UP

COST: R75 P.P INCLUDES GUN, MASK, GAS, AND 50 ROUNDS

BRING OWN PROTECTIVE CLOTHES

PHONE: 066 356 4729
(TO BOOK YOUR GAME)

SHAKA SURF SCHOOL
 +27 82 335 4764

Phone: 082 335 4764

Phone: 046 653 0501

Phone: 082 818 8995

WHAT'S ON

AFTER PARTY PUB QUIZ
ANIMAL THEMED AT **THE WHARF STREET BREW PUB**

18H30 FOR 19H00 ON MONDAY 12 SEPTEMBER
Tickets @ R100pp, in teams of 4- includes snacks and quiz
Spectators at the bar @ R50pp- includes snacks

GREAT PRIZES

AUCTION - Oil Painting by Brian Rogers valued at R20,000
Zaney Wagyu Starter pack valued at R2500
Biometric Bodycam valued at R1500

BOOKINGS ESSENTIAL - WHATSAPP MARIN ON 07836277
ALL PROFITS IN AID OF HEALING HORSES

KAT AT JEREMIAH'S
(KENTON ON SEA)



ADDRESS: TEASBROOK RD, KENTON ON SEA
DATE: FRIDAY 16TH SEPTEMBER 2022 • TIMES: 7:30PM - 9:30PM
ENTRY: R100 • BOOK TABLE: 072587 3336

UNIVERSITIES BOAT RACE 2022

15 - 17 SEPTEMBER
KOWIE RIVER, PORT ALFRED

The Kenton Rhino RUN

25 September 2022

- 5km 800
- 10km R120
- Group discounts available for 10+ pax
- Online pre-registration, see link below
- Late registration on the day: from 7:30 - 9:30
- Race times: 10km - 8:00 & 1km - 6:10
- For more information, contact Casey 076 152 1927 or email info@outdoorfocus.co.za

OUTDOOR FOCUS

Rotary Investec

DATE: 23 SEPTEMBER 2022
VENUE: ROYAL PORT ALFRED GOLF CLUB
FORMAT: FOURBALL ALLIANCE, 2 SCORES TO COUNT
COST: R1000 PER FOURBALL (INCLUDES HALFWAY HOUSE AND PRIZE GIVING SNACK)
BOOK: PRO SHOP 046 624 4796

Varsity Boat Race Festival
on the Kowie

BOAT RACE 2022

DJS + LIVE MUSIC
SEP 16 08H30 TO LATE
SEP 17 08H30 TO LATE

[HTTPS://WWW.FACEBOOK.COM/VARSITYBOATRACE](https://www.facebook.com/varsityboatrace)

HISTORIC BATHURST PRESENTS MUSIC AT THE MILL ON SUNDAY 25 SEPT

AT BRADSHAW'S MILL FROM 1PM

FUN AUCTION & RAFFLE DRAW FOR A HAMPER OF GOODIES (TICKETS ON SALE)

VOLUNTARY COLLECTION FOR FUNDS

BRINGS CHAIRS, RUGS, UMBRELLAS AND PICNIC.

IN THE EVENT OF BAD WEATHER A NOTICE WILL BE POSTED ON LOCAL FORA.

FREE ENTRY

Come and Join Friends of Water's Meeting

THICKET FESTIVAL

24-25 September 2022

Bathurst

Treasuring our Terrific Thicket



SATURDAY 24th

Festival talks @ The Ploughman

10:00 am Welcome to the Thicket Festival Rina Grant-Biggs

10:05 am Why is thicket special and why should we conserve it? Prof. Alistair Potts

11:30 am Why are we worried? How thicket is disappearing Nicholas Huchzemeyer

12:00 pm What is the state doing to help us to save the thicket? Micheal Braack

14:00 pm Settler life in thicket country Serena Gess

15:15 pm Birds of the thicket Ben Smit

SUNDAY 25th

@ Sunday Bathurst Market (9:00-12:00)

Medicinal uses of thicket plants Elizabeth Milne

Stalls, food, information and, much more!

@Bathurst Commonage

10:00 am Time Guided walks, meet at the Bathurst Arms Monty Roodt

@The Mill

15:00 Music at the Mill Organised by Historic Bathurst

Guided Walk +1 hour
Please wear: Hat, comfortable walking shoes, sunscreen, tick-spray, long pants
Please bring: water and snacks

SATURDAY EVENING - LANTERN PARADE
Join us for a fun walk @ 18:00h from Lara's Eatery to Pig and Whistle

SMASH THE 2022 PINEAPPLE RUN!

ENTER NOW!

SATURDAY, 1 OCTOBER 2022

27KM | 10KM | 5KM

WALKERS: 07:00
RUNNERS: 07:30

LOTS OF LUCKY-DRAW PRIZES!

Entries at entry51ms.com
Contact: Mariëtte Robb 082 801 5666

SUPPORTING SPONSORS: Twizza, BlueStar, BU CO

DISCO IS BACK



Saturday 1st October 18:00 - 00:00
Entry R40 | Kids U/13 R20
Venue - Langholm Country Estate
Prize for best dressed

Brought to you by **BLOM'S ENTERTAINMENT** Richard 071 053 0661

For more information:

Port Alfred Tourism 046 6245 1235 portalfred.co.za

Kenton Tourism 046 648 2411 kenton.co.za

5 KM PARK RUN EVERY SATURDAY

from 8:00 @ the Town Hall

parkrun