



#### **DIVE COURSE SPECIAL**

**RAID OPEN WATER COURSE** 

**Outdoor Focus and Kowie Bunga have partnered to** offer a once off special with highly qualified instructors to make your first step into the underwater world an unforgettable adventure. Courses are inclusive of equipment, theory and practicals and ultimately you will qualify to dive up to 20m, any place in the world! The course itself includes a Personal Instructor (One on two training); **Informal Lecture session; 4 Pool sessions in a large** 25m length, 3m depth pool and 4 Ocean/River dives. Fullequipment rental (including dive computer) are provided. All candidates must be 12+ years old and need to complete a dive medical form. For more information contact Outdoor Focus 076 593 0749 info@outdoorfocus.co.za

#### **LEARN TO SURF**

Fulfill that lifelong dream to be a surfer.

Seriously, you are never to young, or too
old, to learn to surf.

Family owned surf school and forest surf
camp with epic skate ramp run by SA
champion longboarder David MacGregor.
Only internationally accredited (ISA) surf
coach on the Sunshine Coast
Contact Shaka Surf School
082 335 4764





#### **COASTAL, ESTUARIES & WETLANDS:**

Alexandria to the Fish River has an abundance of transition zones where rivers flow into the ocean providing food, shelter and breeding grounds for many species. Breath taking scenery along the 85 km of coastline includes long stretches of pristine beach, 10 rivers, rocky outcrops and tidal pools, and is ideal for hiking. Estuaries are important nurseries for small fish and rich feeding grounds for fish eating birds and waders, many visiting from the northern hemisphere. It is best to visit at low tide as the rocky outcrops are exposed, and it makes for pleasant hiking conditions. Many interesting plants and organisms can be seen along the coastline, adapted to the saline conditions.

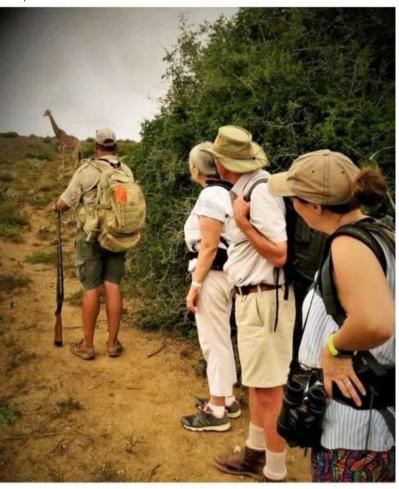


Birds: On the larger rocks along the shore, African Oystercatcher and Ruddy Turnstone (mainly summer) can be seen feeding, while White-fronted Plover and Sanderling dash about on the larger areas of sand. Common, Sandwich, Little, Caspian and Swift Terns make use of the rocky outcrops for roosting. The mudflats provide food for both migrant and resident waders such as Whimbrel, Ruff, Common Greenshank, Blackwinged Stilt, Common Rings and Grey Plovers. Less numerous, but present in summer, are Bar-tailed Godwit, Terek Sandpiper and the occasional Eurasian Curlew. Smaller waders such as Little Stint, Kittlitz's and Three-banded Plovers also occur.

### TAKE A WALK ON

## the wild side

Quatermains 1920 Safari Camp, Amakhala Game Reserve, N2 between Grahamstown and Port Alizabeth



#### **GUIDED BIG 5 SAFARI WALK**

**Experience the bush and wild life from a totally** different perspective!

Our qualified trails guide will take you on a nature walk where you will experience the bush from a totally different perspective, and gain insight into the intricate hidden life of our wonderful landscape here on Amakhala Game Reserve, only an hours drive from Port Elizabeth.

An exciting covid safe activity to share with family and friends.

R450 pp for a 4 hour walk which includes conservation levy. Minimum 2 walkers, maximum 8. Regrettably no children under 16.

**Contact Julie at** reservations@haggardandbrand.com or phone 0793076640 for more info. or to book



**GUIDED 2-DAY OVERNIGHT TRAIL** 

Enjoy an experience like no other in the Eastern Cape. Adventure awaits on a 2-day Guided Overnight Trail on Amakhala (Big 5) Game Reserve.

This overnight trail offers guests the chance to get off the beaten track and follow the myriad of elephant and rhino paths that crisscross this ancient landscape. Lucky walkers might even get the chance to track and view some of these

African leviathans. No less important, and even more interesting are the countless small creatures, and tracks and signs that may be encountered on foot.

Spend the night comfortably in our equipped cave overlooking the Bushman's River. Stretchers, a water refill point, a coffee and tea station and a porta loo toilet are provided. Meals available on request, or cook your own provisions.

Walkers need to be able to carry their own backpack, sleeping bag, pillow, 3L water and snacks.

Rate R950 per person. Bookings taken for 4 persons only. No children under 16 years of age.

Please email Julie at reservations@haggardandbrand.com or phone 0793076640 for more details.





Located on an idyllic 50 hectacre farm near Kleinemonde on the Sunshine Coast, Adele's Mohair is a must see. A community of local women, under the leadership of owner Adele Cutten, create beautiful mohair products. You will be able to see the raw mohair being hand died and spun into magical yarns, (many packed for export) and transformed into beauful mohair products including scarves, throws, blankets, home decor and fashion items. The sheer array of colours and textures will dazzle you, as will the warm hearted reception from the ladies working with these beautiful yarns. In true communal fashion, organic vegetables and indigenous flowers are propagated on the farm, helping to sustain the local community. The outbuildings and sheds have been convered into a charming workshop spaces where the magic happens. Local women work inside or under the shade of trees dying yarns that are racked outside to dry in the wind and sunshine.

## The Workshop Art and Craft Gallery in Bathurst

The Workshop Art and Craft Gallery in Bathurst has magical paintings and sculptures from talented local artists, as well as wonderful hand crafted goods. Delightful and colourful shwe-shwe garments and accessories and unique gifts make this a must stop in Bathurst.

Contact 082 457 5204

workshopgallery@gmail.com



# Richard Pullen Pottery Studio in Bathurst

Richard Pullen's Pottery Studio in Bathurst is a reflection of this talented ceramic artists' passion for clay. He is particular about the materials he uses and makes most of his own clay from raw kaolin deposits 55km away from his studio. Richard has won many awards and accolades for his work. Visit the studio and meet Richard in person and watch whilst he creates his masterpieces.

Contact: 072 325 1432 info@richardpullen.co.za richardpullen.co.za



#### Visit Rose Deary Fine Art - a Kenton artist with a world-wide appeal!

Rose Deary started painting full-time in 2014, when she returned to the Eastern Cape, after 30 years of teaching art. The move gave her the time and energy to pursue her passion for becoming a full time artist.

Her open studio is situated on the main street of Kenton-on-Sea and is very accessible to the public. It's a working studio, and is a bright, tidy space, with the smell of oil paints and artists materials.

Her completed works are on display and any paintings in progress can be seen on the working easels. There is also a very comfortable couch with "her kind of music playing".

Rose has a flexible daily working routine which can start with a walk or a Pilates session. Once she is focused on her work, it is hard to stop her, her husband has to insist on a lunch break. Thereafter she works until wine o'clock, which can be quite late in the evening.

Rose was recently featured in the SA Artists Magazine and her work is sold very successfully through the Rose Deary Fine Art Facebook page, buyers visiting her studio, and general word of mouth.

Many of Rose's paintings can be found adorning the walls of expat homes throughout the world reminding them of their South African roots.

Rose Deary Fine Art
Studio One, The Tradewinds Centre, Kenton-on-Sea
23 083 469 6846 / 083 442 2446
rosedeary@gmail.com

Contributor: Pam Golding Properties - Kenton on Sea











## **EVENTS**

2 - 5 Oct SA Body Boarding Champs, Port Alfred

2 Oct Dancing for Rhinos LIVE Stream Event - Musical Dance

2 Oct Bingo @ The Loft Pub & Restaurant, Bushmans

2 Oct The Autopilots LIVE @ Guidos, Port Alfred

2 Oct Sunshine Coast Clivia Open Day @ Riverview Waterfront Estate, Port Alfred

2 Oct Spring Break Party @ Langholm Country Estate, Bathurst

2 Oct Medolino Farmers Market, Port Alfred

3 Oct Bathurst Farmers Market

6 Oct Darts Night at Bathurst Arms

8 Oct Karoke Night at The Bathurst Arms

9 Oct CED LIVE @ Roes Restaurant, Cannon Rocks

10 Oct Bathurst Farmers Market

13 Oct Darts Night at Bathurst Arms

15 Oct Karoke Night at The Bathurst Arms

17 Oct Bathurst Farmers Market

20 Oct Darts Night at Bathurst Arms

22 Oct Re-Opening of Jerry's, Kenton

22 Oct Karoke Night at The Bathurst Arms

24 Oct Bathurst Farmers Market

27 Oct Workshop "Create an abstract painting to take home" with Bianca Binneman at

Silverleaf Centre, Kenton

27 Oct Darts Night at Bathurst Arms

29 Oct "Come Wine With Us" at FRESH, Kenton

29 Oct Karoke Night at The Bathurst Arms

30 Oct Annual Beer Fest BBGS, Bushmans

30 Oct Workshop "Create your own Photo Book" with Charl Durand, Silverleaf Centre, Kenton

31 Oct Bathurst Farmers Market